



Dreams in Motion Contact

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Dreams in Motion, Inc., Expands Track and Field Program

Dreams in Motion, Inc., invites all media to come check out our expanded track and field program any Monday evening in June! Some key points about the track and field program and Dreams in Motion follow. If you have any questions, please contact Annette or Yvette via the info listed above.

2017 Track and Field Program

- Practices take place Monday evenings, from 6:30-8:30pm at Legacy High School, Bismarck. Upcoming dates include: June 5, 12, 19, and 26.
- Practice sessions include track and field events modified for individuals with mobility or visual challenges.
- Athletes and participants work to achieve their personal best times and distances as measured and tracked by volunteers and coaches.
- Coach and program manager, Yvette Matthews, has traveled to several meets throughout the country with her son Jose. She quickly discovered that the entire Midwest lacks both track and field programs and qualifying meets. She is working with Dreams in Motion to help establish both.
- Yvette's son, Jose, is a national record holder and has already qualified for the Adaptive Sports USA Junior Nationals 2017 in multiple events.
- Volunteers include members of the Legacy Track teams, many of whom took part in the recent State Class A track meet.
- Great follow-up piece after the recent state track meet coverage!





Dreams in Motion, Inc.

- Non-profit 501c3 organization started in 2011
- Recently designated an official U.S. Paralympic Club, one of only two in ND
- Mission is to provide recreational and sporting opportunities for youth and young adults with mobility challenges or visual impairments in central and western North Dakota
- Current programs include: curling, soccer, basketball, track and field, tennis, downhill skiing, sled hockey, and dance
- All-volunteer Board of Directors, Annette Kaip is the President
- Funding is used to purchase adaptive sports equipment, assist athletes in travel-related costs to regional events, and expand parasport programming in central and western ND
- Organization offers both recreational and competitive programs and events
- Parents, siblings, and friends are encouraged to participate
- Challenges faced include finding sports arenas to host programs, volunteers and coaches to assist with leagues, and funds to purchase additional adaptive sports equipment

